## HELPING YOU ON THE ROAD TO WELLNESS.



Join us on Saturday, January 18<sup>th</sup> from 9:00 a.m. to 3:00 p.m. and let your Kirksville Hy-Vee help you get healthy in 2014!

- Gluten Free Gala: Free to all
  - Provides free samples, coupons, giveaways, and nutritional advice.
- Biometric Screens: Only \$45.00!
  - Measures your cholesterol, blood glucose level, and body mass index.

Andrea our registered dietitian and Logan our pharmacist will be on staff to answer your questions!